

GOD IS GREATER

DECEMBER 4, 2024



E2S... EDUCATION, SELF-ESTEEM, SUCCESS

ENOUGH SAID

www.enough-to-share.com

SAFEGUARDING WHAT IS SACRED!!

“Does anybody know what time it is...does anybody really care?” It is beyond time to place priority on our youth. E2S since 2015, has communicated as one of our goals to create a “safe space for teens.” Our reality is to have a place where all youth can gather to learn cooking, computer literacy, sewing, tutoring, self-improvement, financial literacy, participate in “free to speak” sessions and play basketball; they will have a place to retreat for fun, relaxation, socialization, and gain experience in human development. A zoom call is scheduled for 12/14/24 @ 10 a.m. Contact me for more information.

VOLUNTEERS

Thank the Lord for our hard working, non-tiring, positive thinking volunteers. These men and women are the lifeline of E2S. ***“Sometimes you don’t need a reason for doing everything in your life. Do it because you want to, because it makes you happy.” Do it to please your Lord.***

EYES ON MENTAL HEALTH

Bayyinah Shaheed, Contributor.

Mental Health stabilization success comes with some effort from all involved. This includes making regular appointments with the psychiatrist and counseling/therapy. Also taking daily medication as prescribed; including a good diet, nutrition and exercise. I encourage meditation to help the day go smoother and to have less stress at the time of sleep at night. One example of meditation—I watch and listen to Sura Yasin and Sura Ar Rahman which can be found on YouTube. These meditations exercises are beautiful and calming. Contact me if I’m needed, (TBC)

404-680-3797

MOBILE FOOD PANTRY

is scheduled for December 28, from 10:30-2:00 p. m. Edmond Killingbeck, the MFP Director, encourages anyone in need to come to Masjid An Nur to get food.

NOTE: The Atlanta Masjid E2S Food Pantry will be closed on January 1 (New Years Day) and will have pantry distribution day beginning Wednesday, January 8 and again on January 22. We will resume our regularly scheduled distributions starting Feb. 5.

IT’S A CELEBRATION...

And you are invited. So mark your calendar for February 2, 2025 (place and time TBA).

The Enough to Share, Inc. announces its 10th year of service. We celebrate with delicious food, contributions made to worthy honorees, dancing, and celebrating.

Don’t miss our 10 years of dedication to the meaningful task of feeding the less fortunate. We anticipate continuing a new beginning of making E2S better for all in need.

A S K

(VIBE OF THE MONTH)

ASK—to request or to call on someone for something. The Almighty is who we must ask for what we need. If we don’t ask...we won’t get it. Satan will try to prevent us from asking. But we know that by asking we are worshiping the Lord, showing that we love and need Him. “...let my servants respond to Me and believe in Me that they may be guided.” Holy Quran 2, 186