

E<sub>2</sub>S  
EDUCATION  
SELF ESTEEM  
SUCCESS

FEBRUARY 5, 2025

# ENOUGH SAID

MISSIONS POSSIBLE iA



## Board Members

- Linda Abdul-Azeez
- Rashid Rashad
- Amina A. Ali
- Veronica Ahmad
- DiNita Johnson
- John Muhammad
- Jalal Abdul-Azeez
- Nassar Madyun
- Suad Sabree
- Khadijah C. Pitts
- Edmond Killingbeck
- Brenda Rasheed
- Saudia Muwwakkil
- Nafisah Fudaeel

www.enough-to-share.com  
501c3—EIN: 81-2970193

## 1. E2S 10th Year Celebration

February 23, 1:30-5:00, Mohammed High School  
*eating, dancing, remembering*

**You will need an "admit one" coupon**

## 2. Atlanta Community Food Bank (ACFB)

2025 ACFB Hunger Walk/Run—March 9

*Kick off your physical for the MOSA Race for Education*

**All funds go directly to our acct. C8383 to purchase food.**

## 3. The Vision for MOSA

Donate or pledge to do your part  
*if not you, then who*

**See... site plans, better pay for teachers, more for our students**

## SPECIAL POINTS OF INTEREST:

- **MOBILE FOOD PANTRY: Feb. 22 Masjid An Nur**
- IPTA meets every third Wednesday, 4pm at the school
- B-Ball with Perfect Timing Athletics training—678-602-5649
- E2S Youth Volunteers wanted. Text (404) 317-5575

## EYES ON MENTAL HEALTH *Bayyinah Shaheed, Contributor*

Wedding bells should not begin to ring until the parties have discussed any mental illness challenges. He or she should know upfront if mental illness exist and for how long; in that way the couple may accept or reject further wedding plans. If accepted, a promise or agreement should be made by the parties that they will be committed to working hard to hold these dynamics together. Lastly, the medical history of the both families affects the growth of relationships including that of the children— young and old.

Contact 404-680-3797 (*to be continued*)

*Ramadan  
is coming!*

## CHANGE

**(VIBE OF THE MONTH)**

*It is so true...change is inevitable. "Everything must change, nothing stays the same". Furthermore, progress is impossible without it. The tools given us by the Almighty—our mind, body, intellect, and our sincere faith allows us to make the most of each circumstance with which we are confronted.*

*"Indeed, the Almighty will not change the condition of a people, unless they (he or she) change their own state of being or goodness." Ch. 13 , V. 11*